



# VILLA VOICES

WINTER 2015

## DEAR FRIENDS,



Elizabeth J. Hickle,  
MPA, LNHA, CDP

*Joy to the World! The Lord has come.* These warm words evoke feelings of happiness, anticipation, gladness and thankfulness. We join the angels in proclaiming: “A Savior has been born for you.” (Lk. 1:11) We hear the words of Pope Francis: “May Christmas bring hope to those who suffer in the world. May His redeeming grace transform hatred into love and tenderness.” Our hearts are moved by these words and lead us to give thanks to those men and women who keep our country rejoicing in freedom and to remember those who are less fortunate during this Christmas Season.

Love and joy fill our hearts as we bring together residents, staff, family members, volunteers, FCSLA members, alumnae and families from Gesu parish to decorate the Villa. The beauty that meets you everywhere brings about the Christmas spirit that makes all feel welcome. Our angel showcase, that features international nativities this time of year, reminds us that there are many angels in our midst.

We are surrounded by precious gifts. Each of our residents shares their wisdom and the inner joy that comes from making peace with the diverse experiences of life. A joyful banter is heard in resident rooms, halls, and during activities and gatherings where staff and residents exchange care and concern for one another. Volunteers arrive to accompany the bell and voice choirs. They accompany residents on shopping trips and excursions. They lead Bible Study for men and call evening games. They take time to visit with residents and share coffee with them. They give of their time to answer the phones and to decorate the Villa. We are grateful for these and the many unseen gifts they offer.

Many organizations have been generous to the Villa. We are blessed to be the recipient of various grants from the Sisters of Charity Foundation of Cleveland, the SC Ministry Foundation, the First Catholic Slovak Ladies Association, the Cuyahoga County Solid Waste District Recycle Program and the Grantmaking division of Target Corporation.

Your loyal support and generosity make possible our ministry and help to support our mission. We hope that you will remember us in your year-end giving by using the enclosed envelope. The residents, staff, Board of Directors and administration join me in thanking our generous donors for their contributions throughout the year.

On behalf of the Light of Hearts Villa Family, I wish you the peace and joy of the Christmas season. May you and yours be blessed with good health and cheer for Christmas and the New Year.

In faithful leadership,  
*Elizabeth J. Hickle*, MPA, LNHA, CDP  
Executive Director

### OUR MISSION ::

*We are devoted to providing premier senior residential living and community outreach services. Through our faith-based values, we affirm the integrity of each person and encourage them on their journey of aging.*

LIGHT of HEARTS VILLA

*The word joy, by its definition is “a feeling of great pleasure and happiness.” Joy comes in many forms to the residents, staff and volunteers here at the Villa.*



“I feel joy when I’m spending time with my children and grandchildren. Any time I’m with my family I feel joy and happiness. I’m thankful for what I have.”

JEAN F.

“Sharing my creative talents with others brings me joy. Also, cooking for my family and our Sunday dinners make me happy.”

IDA S.

“I really enjoy living here at Light of Hearts Villa. I feel secure and I love having nice people around me. I’m very happy.”

RITA D.

“Coming home to the excitement of my kids and pets. They are happy to see me no matter what. That is true joy.”

DENNIS K.

“My family and my grandchildren bring me joy. I also find joy volunteering here and working with Sr. Helen. I like having things to do and really enjoy helping.”

JANET G.

“Being able to give back a little of what God has given me, that brings me joy.”

MARLENE P.

“Joy to me is watching my two young grandsons grow and thrive. They are truly a joyful blessing.”

BARB D.

“Being kind to people and seeing the smile on their faces in return.”

SR. HELEN S.

“The holidays with my wife and children always bring me joy, there is nothing better.”

ADAM G.



# THE JOY OF GIVING

## SISTERS OF CHARITY OF CINCINNATI WELLNESS DEPARTMENT

Light of Hearts Villa was founded to provide for the health and well-being of those who would live here. In January, we transitioned from a co-sponsored ministry to sole sponsorship under the Sisters of Charity Health System. In appreciation for the 25 years of leadership first from the Vincentian Sisters of Charity (1989-2004) and then from the Sisters of Charity of Cincinnati (2004-2014) the Villa announced that the Wellness Department would become the "Sisters of Charity Wellness Department." The Sisters of Charity of Cincinnati who were present at the Fall Fest gathered for a picture under the newly installed sign, affixed to the wall recreated by our maintenance department.



Seated L to R: Sr. Christine Rody, first President of LOHV; Sr. Helen Therese Scasny, first Executive Director, 1989-2006.

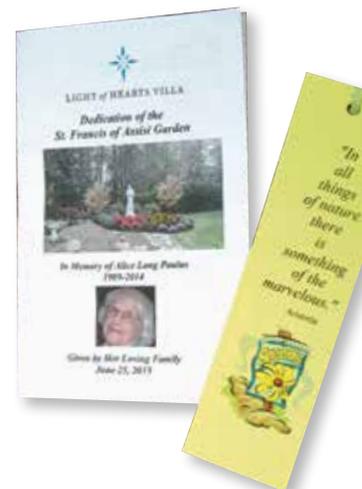
Standing L to R: Sr. Dorothy Ann Blatnica, former Lumen Cordium Assistant Principal & teacher; Sr. Irene Mraz, former Lumen development office & Volunteer; Sr. Mary Caroline Marchal, SC Leadership Team; Sr. Margaret Mach, Board Member & former Lumen teacher; Sr. Mary Ann Flannery, former Lumen teacher; Sr. Anita Maroun, Volunteer and former LOHV staff member, Lumen Principal & teacher; Sr. Regina Kusnir, LOHV staff.



## ST. FRANCIS OF ASSISI GARDEN

Alice Paulus spent the last 14 years of her nearly 105 years at Light of Hearts Villa. She loved nature and the outdoors. Her family chose to provide for a new garden in the back patio and chose a life size statue of St. Francis, the saint who loved creation.

In June, the Paulus family, including Alice's children, Merici, Trina and John, gathered with Fr. Tom O'Donnell, residents and staff to dedicate the St. Francis of Assisi Garden. The garden is a favorite of residents who love to pray there, enjoy the beauty and share memories and life with each other.



## CREATIVE FRIENDS

Every year the Chuck St. John Family holds its Paprikash Open. The golf outing and the dinner, which benefits LOHV, are a favorite summer activity for many. Presenting a check for \$2500 to Elizabeth Hickle are Chris, Sue and Chuck St. John. Thank you from the entire Villa Family!

“...I proclaim to you good news of great joy that will be for all the people.”

Lk. 2:10

*Light of Hearts Villa is an inexhaustible source of good news. We gather people easily. We join each other in having good times. We educate ourselves in order to offer wonderful services to our residents. We extend hands of care and compassion to our neighbors. The blessings we receive are shared with all who come through our doors.*

## 26TH ANNUAL FALL FEST

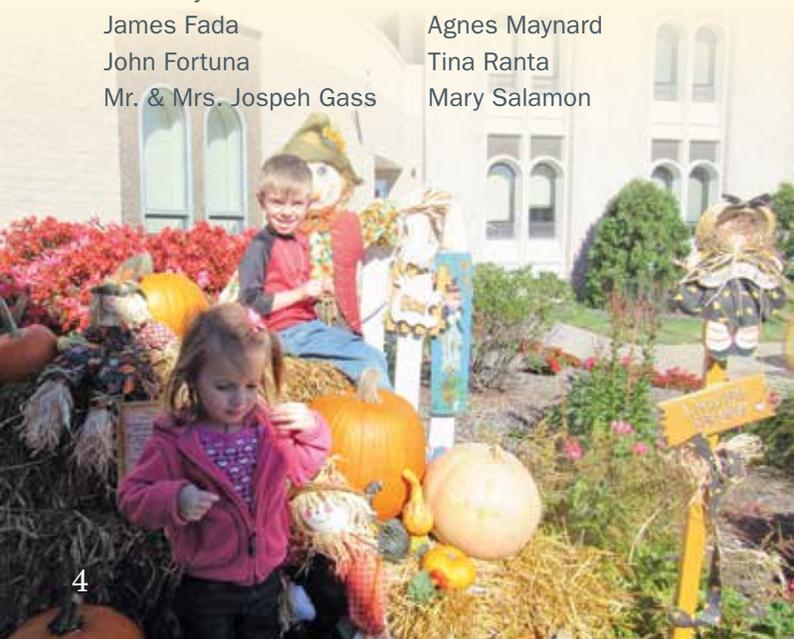


Family, friends and food — a fantastic weather day — fun and fanfare for young and the not so young make for a wonderful Fall Fest. The 26th Annual Fall Fest on Sunday, October 11th once again brought over 500 people through our doors and raised over

\$47,000 for the Sr. Helen Therese Scasny, SC Benevolent Fund. Comment cards mentioned: “Everything was very good!” “Everyone did a great job!” “Enjoy every year.” “Good service and gracious people.” A drawing from the comment cards received found Helen H. of Bedford and Sam B. of Uniontown the recipients of gift cards.

The children reflect the joy of the day. Especially grateful were the 10 recipients of the \$5000 main raffle:

- |                       |               |
|-----------------------|---------------|
| Mary Becay            | Ginny Kikta   |
| Karen Byars           | Renee Lesko   |
| James Fada            | Agnes Maynard |
| John Fortuna          | Tina Ranta    |
| Mr. & Mrs. Josph Gass | Mary Salamon  |



## SETON SAFETY NET FOR SENIORS

The Seton Safety Net for Seniors, a food closet here at Light of Hearts Villa, was established ten years ago. It was named for St. Elizabeth Ann Seton who frequently had to depend on others to help her provide for her family and her fledgling community. Local seniors are often in need of a helping hand at a moment of shortfall when the fixed income doesn't meet the needs and the cupboard stands bare. The Safety Net gives our Social Worker the resources to meet such needs. All provisions are donated. Last year we doubled the number of local seniors served. This year we have already more than doubled that number. Joy fills the hearts of the recipients of our Safety Net. Here are reflections from a few of them:



*“I think what you do is awesome. I'm grateful for what you do and how it's helped me and my aging parents. I feel Blessed for the help you give us.” D.N.*

*“I give this place a '10'! It's made a big difference in my health when I could not afford to buy food that I needed. You were there.” W.B.*

*“I don't know what I would do without the assistance you provide. With the high cost of my medications, sometimes I have to make a choice between eating or buying medicine.” E.M.*

*“Since my husband contracted cancer, there are a lot of foods that I can't afford to get him that he will eat. I try to make things stretch, but always seem to be running out of things that he can have. He has started to gain weight again and I want to thank you for giving us the canned goods and the gift cards to buy meat. God Bless you.” J.D.*

If you would like to support the efforts of the Seton Safety Net for Seniors, contact Sr. Regina at 440.232.1991 x506 or at [regina.kusnir@lightofheartsvilla.org](mailto:regina.kusnir@lightofheartsvilla.org)

## ASSISTED LIVING WEEK

Annually the Villa celebrates Assisted Living Week with various activities. This year each department sponsored a different activity. Here, Ida Stanley from the Marketing and Admissions Department leads a room full of residents in a watercolor activity.



## THEY MAKE US PROUD

Residents, staff and family members who currently are or who have served in the military were honored at a Pinning Ceremony on November 11th. The event was sponsored by Hospice of the Western Reserve and Home Instead. Pins and certificates were awarded by Bedford Mayor Stan Koci and Thom Sivo, a friend of LOHV. The Bedford High School Marching Band provided patriotic music.



1. God Bless our Veterans!

2. Genevieve Aukstoulis and her son, Ray. Gen served in the Navy as an Aerographer's Mate, Third Class.

3. The Marching Band with their director and Betty Hickie.

4. Keshawn Adams is a senior at Bedford High, a tuba player in the marching band and a member of the LOHV dietary staff. He is enjoying conversation with resident, Sandy Cavolo.



Joy is found in so many places at this time of year, especially at Light of Hearts Villa. In my first three months as Manager of Fund Development, I have met many wonderful residents, loving families, caring staff, dedicated volunteers and donors who support the important mission of Light of Hearts Villa.

There are many organizations asking for your donations, especially during the holidays. Light of Hearts Villa relies on the generosity of its donors to maintain the high standards of compassionate care and to meet the ever-changing aspects of health care. We hope that you will find LOHV worthy of your support. LOHV is a not-for-profit 501(c)3 organization and your gifts are tax-deductible.

Your gift can be made with the enclosed envelope or through our website, [www.lightofheartsvilla.org](http://www.lightofheartsvilla.org) . Please feel free to contact me at 440.232.1991 ext. 560 or [nancy.ilg@lightofheartsvilla.org](mailto:nancy.ilg@lightofheartsvilla.org) if you have questions about giving or would like to discuss a planned gift.

Your gifts are imperative to the sustainability of compassionate caring offered to the residents of Light of Hearts Villa, who are so worthy of your kind support.

Merry Christmas and Happy New Year.  
Nancy Ilg  
Manager, Fund Development

## LIFE GIVING TIME

The gifts of time and talent that Volunteers give the Villa are life-giving and joy-bringing to our residents and staff. This year, live monarch butterflies were released as part of the appreciation event that blended prayer, a picnic, sharing and laughter. Until the cold weather set in, the monarchs and their offspring fluttered around the Villa, as do the volunteers.



L to R: Anne Wade – Monday receptionist, Joanne Reardon – Voice & Bell Choirs, Bobbi Gurko – staff & volunteer decorator, Fr. Carl Uhler – Thursday Mass, Jim Beres – resident, Chapel assistant, Mass server, Meals on Wheels.

“There are those who give with joy, and that joy is their reward.”

– Kahlil Gibran



## IN MEMORIAM

Helen Chulak	1/15/15
Ida Allen	1/20/15
Johanna Gisondi	1/31/15
Jeff Kmetzko	3/07/15
Marie Hrusch	3/11/15
Donald DePompei	4/4/15
Joseph Hajek	4/15/15
Mary Emerson	4/25/15
Margaret Tkach	5/19/15
Helen Seman	5/21/15
Eleanor Petrovic	5/22/15
Thomas Smolko	6/3/15
Blanch Foster	6/5/15
Walter Nosal	7/12/15
Sabina Dunikowski	8/22/15
Robert Rickleman	9/6/15
Mary Diller	9/9/15
Mary Orley	10/1/15
Evelyn Maruna	10/14/15
Phyllis Brussee	10/25/15
Mae Stewart	11/11/15

## WAKE UP THE WORLD

This Year of Consecrated Life gives us a time to reflect on the contributions that religious make to the world. Sister Blandina Segale (1850-1941) was a Sister of Charity of Cincinnati. On June 29, 2014 her cause for Sainthood was opened by Vatican decree at the request of the Board of Directors of St. Joseph's Children in Albuquerque who see in Blandina a role model for those working today to improve the lives of immigrants, the hungry, homeless, trafficked, and uneducated. In December, Sr. Joan Cook, president of the Sisters of Charity, will travel to Rome with a group of eight to deliver evidence that Blandina practiced heroic virtue to the Congregation for the Causes of Saints. One miracle through her intercession is already confirmed.

You are invited to use the following prayer and to help spread the word of her life in hope that her cause will go forward.

Prayer for the Canonization of S. Blandina Segale

### Let Us Pray

*O God, whose sweet name “Gesu” (Jesus) was the first word to roll off the innocent lips of your servant, Rosa Maria Segale, hear our prayer. The word Jesus rolled off her lips for ninety one years as she built schools, hospitals, and social institutions, welcoming all and introducing them to your love and hope. She cared for the immigrant, the innocent children, and the guilty outlaw; always recognizing the dignity of the human being. We beg you that S. Blandina Segale now be counted among the Saints of Holy Mother Church and that our hearts be open to always praise your name as your servant Rosa Maria Segale did unto her last breath. May we do as she on her deathbed; whisper “Gesu,” smile, and die in you. Amen.*



## WARM WELCOME

Karen Champa joins our staff as Dietary Manager/Assistant Cook.



# LIGHT of HEARTS VILLA

*A Ministry of the Sisters of Charity Health System*

283 UNION STREET  
BEDFORD, OHIO 44146  
440 232 1991

[lightofheartsvilla.org](http://lightofheartsvilla.org)

Nonprofit Org.  
U.S. Postage

**PAID**

Cleveland, OH  
Permit No. 1200

## UPCOMING *events*

*Light of Hearts Villa provides independent and assisted living, respite and memory care. Below are some of our upcoming events. For more information call 440.232.1991.*

### December–January

*Christmas Angel and  
International Nativities Display*

*Christmas Wafers (Oplatky)*  
Available at the front desk.

### December 25 9:00 a.m.

*Christmas Mass Celebration*

### December 30 1:30 p.m.

*Peace Prayer for the New Year of 2016*  
Come, join in a time of Prayer for Peace in anticipation of a New Year.

### January 1, 2016 9:00 a.m.

*New Year's Day, Mass,  
Feast of Mary the Mother of God*

### January 6 1:30 p.m.

*Missioning Ceremony &  
Mission Award Presentation*

### April 6 9:00 a.m.–Noon

*The Ethics of Working with Dually  
Diagnosed Individuals*

3CEU's \$35.00

Jim Collins Ph.D.

RSVP by March 13

### October 9

*Annual Fall Fest*

We are here for seniors who are in need of compassionate, faith-based, person-centered care. We can help make a difference in their lives. If you have a family member, neighbor, or friend who may have need of our life-giving services, please invite them to contact us, or bring them to LOHV for a tour. We provide independent and assisted living, respite and memory care.

### BOARD OF DIRECTORS ::

*Carol Szczepanik, President/Chair*

*David M. Cecero, Vice President*

*Robert J. Smolko, Treasurer*

*Christine Pock, Secretary*

*Dr. Victor DeMarco*

*Sr. Regina Fierman, CSA*

*John J. Horrigan*

*Sr. Margaret Mach, SC*

*Dr. Jeremy Perse*

*Todd R. Turner*

*Betty Hickle*



LIKE US ON FACEBOOK!

*Light of Hearts Villa has chosen to print responsibly on paper containing post-consumer recycled fiber.*